

# JULY

2024

## Date To Remember

July 4<sup>th</sup>- Independence Day

July 11<sup>th</sup>- Visit from Tiptoe  
the Therapy Donkey



## From Your Administrator

Summer Updates- Summer is finally here and I thought I would provide just a few updates regarding Park River Estates Care Center:

- All of the capital projects funded with the additional money approved by the legislature last year have been completed. This August we will see another round of additional capital funding and we are creating a list of priority projects that will continue to improve the environment for our residents, visitors and staff.
- We were able to complete the improved drainage and expanded patio space outside of the TCU entrance. We are looking at additional furniture and options for shade to enhance that area.
- It may be summer of 2024, but COVID is still around. At PRECC, we have not had a COVID positive staff member or resident in many weeks. The Center for Disease Control and Prevention (CDC) says that there has been an expected uptick in COVID cases nationwide so far this summer. We continue to follow all CDC and Mn Dept. of Health guidelines to keep our residents and staff safe and healthy.

Do you have any questions or ideas you would like to share? Contact me: [kpederson@parkriverestates.com](mailto:kpederson@parkriverestates.com)

*Kim Pederson*

## From the Beauty Shop

Please submit your Beauty Shop payments in the black mailbox located outside of the beauty shop. If you are paying with cash, please use an envelope. The front desk has envelopes if you need one. Checks should be written to Viki Ann Roberts. Make sure to include the resident's name with either form of payment.

The Beauty Shop is open on Thursdays and by appointment only on Tuesdays. Hair appointment request slips are located at the front desk.

Thank you!

*Viki Ann Roberts*

# July

## Birthdays

Gladys B.	July 5th
Val M.	July 8th
Porter M.	July 13th
Diane J.	July 19th
Carol J.	July 25th

## Zodiac Signs

Cancer- July 1<sup>st</sup>-22<sup>nd</sup>

Traits: protective, intuitive, moody

Leo- July 23<sup>rd</sup>- 31<sup>st</sup>

Traits: honest, generous, arrogant



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## Random Tidbits

- \*July 2<sup>nd</sup>, 1937, Amelia Earhart disappeared over the Pacific Ocean while attempting to fly around the world. \*
- \*July 4<sup>th</sup>, 1939, Lou Gehrig delivered his “Luckiest Man” speech upon retiring from the Yankees. \*
- \*On July 5<sup>th</sup>, 1946, Louis Reard debuted the bikini bathing suit at a fashion show in Paris. \*
- On July 6<sup>th</sup>, 1942, Anne Frank was forced to hide in a secret annex, where she wrote her famous diary. \*
- \*July 16<sup>th</sup>, 1439, King Henry VI banned kissing in England to stop the spread of the Black Plague. \*
- \*On July 20<sup>th</sup>, 1942, the first Women’s Army Auxiliary Corp (WAACs) began training for WWII. \*
- \*July 20<sup>th</sup>, 1969, Astronauts Neil Armstrong & Buzz Aldrin became the first men to walk on the moon. \*
- \*July 21<sup>st</sup>, 1861, the Battle of Bull Run was fought in Virginia. Expecting an easy Union victory, the wealthy elite came to picnic. They fled in chaos as the bloody battle claimed over 800 lives & wounded about 2,600 more. \*
- \*On July 22<sup>nd</sup>, 1934, FBI agents gunned down “Public Enemy #1” John Dillinger outside a theatre in Chicago. \*
- On July 28<sup>th</sup>, 1939, Judy Garland recorded one of the most famous songs of the century- “Over the Rainbow”. \*
- \*July 30<sup>th</sup>, 1909, French pharmacist Eugene Schueller founded L’Oreal cosmetics, selling innovative hair colorings for women and men to change their hair color. \*
- \*July 30<sup>th</sup>, 1965, President Lyndon Johnson signed the law establishing Medicare & Medicaid. \*

## 100 Years Ago...

In 1924, the average annual income was \$2,196. The average cost of a new house was \$7,720. The average cost of a new car was \$265. A gallon of gas was 11 cents. \$1 in 1924 is equivalent to \$18.15 today.

## Birthstone- Ruby

Rubies are named after the Latin word for red, *rubens*. They are strikingly beautiful, with their vibrant range of shades from light raspberry to dark purple. Long treasured for its rarity, hardness, value, and mysticism, rubies are believed to predict misfortune & danger. In many cultures, wearing a ruby symbolizes ones wealth, power, and influence. They also symbolize passion, love, and commitment and should be gifted to your true love on your 15<sup>th</sup> & 40<sup>th</sup> anniversaries.

## Flower- Larkspur

Many flowers take their names from their colors, but the larkspur takes its name from an animal. Larkspur’s scientific name *delphinium* comes from the Greek word *delphis*, which means dolphin. As this flower blooms, its petals curve in a bottle-like shape, resembling the joyful marine mammal. The purple larkspur represents the soaring emotions of first love. Larkspurs are thought to symbolize feelings of lightness & an open heart.



## Chaplain's Corner

### Is America still Beautiful?

July signals Independence Day in the USA. America celebrates 248 years of independence since the July 4<sup>th</sup> 1776 signing of the Declaration of Independence. It declared all people are created equal and endowed by their Creator with rights of life, liberty and the pursuit of happiness. So we celebrate--eat the hot dogs, enjoy the fireworks and thank God for our freedoms. Then, pray to God for His help, for we need Him!

Over 100 years ago, Katharine Lee Bates penned one of our most beautiful songs of America—America the Beautiful. She was traveling with several professors who had stopped to visit the Chicago World's Fair Exposition on their way to Colorado to teach. Although duly impressed by the man-made fair, it paled in comparison to God's creation they witnessed atop Pike's Peak in the Rockies. After traveling by prairie wagon and then by mule, Katharine was very tired. But when she saw the spectacular view from the mountain top, she felt great joy. She described: "It was then and there, as I was looking out over the sea-like expanse of fertile country spreading away so far under those ample skies, that the opening lines of the hymn floated into my mind."

O beautiful for spacious skies, for amber waves of grain,  
For purple mountains majesties above the fruited plain!  
America! America! God shed His grace on thee,  
And crown thy good with brotherhood from sea to shining sea!

In your travels across this nation, you have seen the natural beauty of oceans, orchards, wheat fields, waterfalls, caves, and much more. But what about the inner beauty of Americans? Godly character makes a nation beautiful, and brotherhood results. Yes, we are still dependent upon God's grace. Only He can change hearts and minds so people treat one another with the brotherhood Jesus described in the Golden Rule: "*So in everything, do to others what you would have them do to you...*" --Matthew 7:12

So my prayer is: 'God, please make America beautiful from the inside out!'

+Chaplain Sherree Lane



### 4<sup>th</sup> of July Trivia

Circle the correct Answer to each trivia question.  
Answer Key on last page!

1. Where was the first celebration of Independence Day held?

Philadelphia          Washington, D.C.          Boston

2. Every Independence Day, how many times does the Liberty Bell ring?

52                          13                          26

3. What was the name of the newspaper that published the Declaration of Independence?

The New York Evening Post          The American Post          The Pennsylvania Evening Post

4. The 4<sup>th</sup> of July commemorates which document?

Declaration of Independence          The Constitution          The Emancipation Proclamation

5. What is the proper way to fold the American Flag?

In a rectangular shape          In a square shape          In a triangular shape

6. Which American president was born on July 4th?

Calvin Coolidge                          Franklin Roosevelt                          Quincy Adams

7. Which president of the United States was the first to host a Fourth of July celebration at the White House?

George Washington

Thomas Jefferson

Herbert Hoover

8. How many Stars and Stripes does the first US flag have?

50 Stars and 14 Stripes

50 Stars and 13 Stripes

52 Stars and 13 Stripes

9. What is the location of the nation's oldest Fourth of July parade?

Bristol, Rhode Island

Richmond, Virginia

Rye, New York

10. What was the total number of people who signed the Declaration of Independence?

56

55

54

11. Every July 4th, what food is most commonly consumed?

Apple Pie

Potato Salad

Hot Dogs

12. On the Declaration of Independence, who had the biggest signature?

George Washington

John Hancock

Thomas Jefferson

13. Who gave the Statue of Liberty to the United States?

French People

Swiss People

Irish People

14. What was The Statue of Liberty's official name?

Liberty Enlightening the World

Lady Liberty of the New World

Lady Liberty of Light

15. Where is the Liberty Bell currently located?

Philadelphia, Pennsylvania

Ellis Island, New York

Boston, Massachusetts

## Facility Contacts:

Administrator..... Kim Pederson  
Chaplain..... Sherree Lane  
Dir. of Admin. Services..... Dani Van Beek  
Dir. of Compensation..... Lori Jumper  
Dir. of Culinary Services..... Heidi Kildahl  
Dir. of Enviro. Services..... Connie Riley  
Dir. of Finance..... Marti Bullock  
Dir. of Health Information..... Pam Carpentier  
Dir. of Maintenance..... Kurt Becker  
Dir. of Nursing..... Alicia Leavitt  
Dir. of Rehabilitation..... Jan Beers  
Dir. of Social Services..... Chris Neely  
Dir. of Staff Development..... Sue Sellner  
Dir. of Therapeutic Recreation..... Linnea Maki  
Infection Preventionist..... Sam Graf

## 4<sup>th</sup> of July Trivia Answer Key

1. Philadelphia
2. 13
3. The Pennsylvania Evening Post
4. Declaration of Independence
5. Triangular
6. Calvin Coolidge
7. Thomas Jefferson
8. 50/13
9. Bristol, Rhode Island
10. 56
11. Hot Dogs
12. John Hancock
13. French
14. Liberty Enlightening the World
15. Philadelphia

