

June

2025

Dates To Remember

June 15th- Father's Day

June 19th- Juneteenth

June 20th - First Day of SUMMER!



From Your Administrator By Kim Pederson

Join me in Welcoming Summer!

The month of June in Minnesota heralds the onset of summer. We hardy Minnesotans have made it through a long winter and are ready for some warmth and sun. The average temperature in June is right around 76 degrees with over 15 hours of daylight each day. We can enjoy the additional hours of daylight and warmer temperatures that invite us to spend more time outside.

We have been getting the courtyard area ready for activities and our flowers planted for the season. Last year we expanded the outdoor area outside the TCU and added additional seating.

We invite you to enjoy the outdoor spaces with your loved one when you visit. We encourage you to stay sun safe. Sunscreen is available at both front desk areas and hats are never a bad idea. The hours from 10 a.m. to 4 p.m. have the most intense UV rays.

If you have any thoughts, ideas or questions about our outdoor spaces or outdoor visits, please let us know!

Kim Pederson,

Administrator

June

Birthdays

Greg T. June 3rd
Kevin B. June 14th

Zodiac Signs

Gemini- June 1st- 21st
Traits: witty, inquisitive, impulsive
Cancer- June 22nd – 30th
Traits: protective, intuitive, moody

Flower- Rose

Plant- Orchid

Birthstone- Pearl



This Day in History

- *June 1st, 1974, Emergency Medicine medical journal published Dr. Henry J. Heimlich's method for saving choking victims. *
- *June 2nd, 1953, Queen Elizabeth II was coronated in Westminster Abbey in London. *
- *June 9th, 2022, two third-party contractors had to be rescued after falling into a vat of chocolate at the Mars Wrigley factory in Pennsylvania. *
- *June 10th, 1935, Alcoholics Anonymous was founded, helping millions worldwide. *
- *June 11th, 1947, after years of limited supplies during WWII, sugar rationing finally ended. *
- *June 12th, 1967, the Supreme Court struck down laws banning interracial marriage, allowing citizens the right to marry regardless of race. *
- June 13th, 1966, The Supreme Court ruled in *Miranda v. Arizona* that suspects must be informed of their rights before being interrogated while in police custody. These are now known as "Miranda Rights." *
- *June 16th, 1884, America's first roller coaster opened at Coney Island in Brooklyn, New York. It traveled 6 miles per hour and cost 5 cents to ride. *
- *June 19th, 1865, slavery ended in Galveston, Texas, more than two years after the Emancipation Proclamation, marking the final liberation of enslaved African Americans in Confederate states. *
- *June 20th, 1936, Jesse Owens set a new world record time of 10.2 seconds in the 100-meter dash. *
- *June 21st, 1893, the first Ferris wheel, standing 264 feet tall, debuted in Chicago. *
- *June 22nd, 1944, President Roosevelt signed the G.I. Bill of Rights, providing WWII veterans with benefits & funding for education and low interest home loans. *
- *June 25th, 1950, North Korea invaded South Korea by crossing the 38th parallel, which marked the beginning of the Korean War. The conflict lasted until July 27th, 1953, ending in an armistice with no formal peace treaty. The Korean Peninsula remains divided today. *
- *June 26th, 1977, Elvis performed what would be his final live show at Market Square Arena in Indianapolis. Just 6 weeks later, he unexpectedly passed away at the age of 42. *
- *June 29th, 2009, Bernie Madoff was sentenced to 150 years in prison for orchestrating one of the largest Ponzi schemes in history. For decades, he defrauded thousands of investors out of billions of dollars. *
- *June 30th, 1953, the first Chevy Corvette rolled off the assembly line in Flint, Michigan. *

SUMMER

Historical Presentation

Please join us on June 10th @ 2:00 for a presentation from local historian David Jones! David's topic will be Mount Rushmore: The Carving of an Icon. Today, more than 2 million people each year visit Mount Rushmore in the Black Hills of South Dakota. Fourteen years, four hundred workers, 450,000 tons of rock, nearly one million dollars. Those are some of the statistics behind the carving of Mount Rushmore. The story is even more interesting!

Car Show & Ice Cream Social

On June 19th, Suburban Corvettes of Minnesota will have a car show at Park River! Please join us on the south driveway at 2:00, followed by ice cream treats in the main dining room.

How Hot is Too Hot?

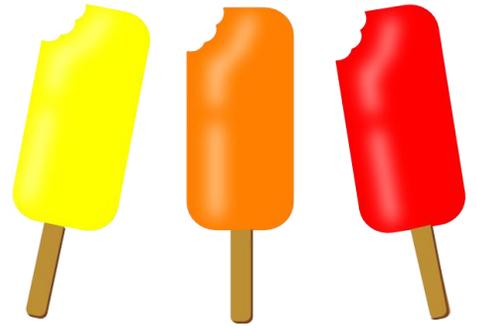
Every year there are reports around the country about seniors and injuries from over exposure to heat/sun. Our resident's safety is our number one priority, and we need to make sure that we don't put their health at risk when they are outdoors. Many common medications that our residents take have side effects that cause sensitivity to sun/heat. Also, extreme heat can cause dehydration and heat stroke at a higher rate for seniors. If it is too hot outside, it is not safe for residents. So how hot is too hot for our residents to be outdoors? **If the actual temperature and/or "real feel" is above 90 degrees, it is not safe for our residents to be outdoors.** Also, we recommend that residents protect their skin with sunscreen when they are in direct sunlight. We have sunscreen at the reception desks for residents to use. Thank you for understanding that our resident's safety is our number one priority.

Nifty Fifties Word Search

Find the part of these famous fifties personalities names that are in **BOLD**!

B E R R Y L L O H P
A L K I K N T J A A
L V R S C S O G N R
L I A S I E E T I K
E S L E R W U B D S
L C C F E O J N O L
T F I L C O C T Y U
N T N A E D R K A A
A P N I R A D I D P
M E V E R L Y M C A

Paul Anka	Pat Boone
Lucille Ball	Dick Clark
Chuck Berry	Doris Day
Tony Curtis	Bobby Darin
James Dean	Buddy Holly
Ricky Nelson	Rock Hudson
Mickey Mantle	Rosa Parks
Kim Novak	Patti Page
Elvis Presley	Natalie Wood
Montgomery Clift	Joe DiMaggio



Chaplain's Corner

Beauty in Unexpected Places

June has arrived and with it the official first day of summer on Friday, June 20th. In Minnesota we wait all year for these beautiful summer days to enjoy the fresh air while relaxing on the patio and admiring the flowers.

Some places in life are not as beautiful as others. The roses teach us this lesson. The rose flower is so beautiful, but its stems are very thorny (or rather prickly). It hurts when you try to cut their stems or arrange the roses in a vase. Did you know these prickles are essential to deter animals from eating the plant? The prickles also aid the plant against water loss and help the plant grip the trellis to grow upwards.

You may consider a care center a prickly setting; it may not be your first choice. You experience painful moments. Is there any beauty residing in this space? What could God possibly have in store for us here?

We discover beautiful people here. A family member visits their loved one and wheels them around. Love is evident here. A roommate saves a seat for the other roommate and his family at Happy Hour. Relationships are built here. We hear your stories, learn about your life, and meet your family here. We see people serving here. Thanks to each staff member who serves with kindness. When going through difficult times, a kind person can make the difference.

We enjoy laughter here. Oftentimes, we discover humor. Funny moments emerge while visiting someone, or talking with staff members, or just in daily life. When residents win big at Bingo or enjoy a furry pet visit your smiles tell us it is worth it.

We learn valuable lessons here. We realize tomorrow is not guaranteed, but we must learn to live today. God has given us today, so don't give up. Here, families grapple with difficult issues. When and how should you advocate for your loved one? Staff can assist. And prayer is vital. *Use this prickly time to grow upward, just as the rose does.*

Yes, life is difficult, but I have discovered unexpected beauty in this place.

He has sent me to... bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. (Isaiah 61:1-3)

+Pastor Sherree Lane, Director of Spiritual Care



1950's & 1960's Pop Culture Jeopardy!

Answer Key on last page!

- 1 This talented singer & pianist sang about Georgia, never confirming if it was the state or a woman who was on his mind.
2. The story of this magical nanny, played by Julie Andrews, was made into a popular film in 1964.
3. Thanks to Davy Crockett, this hat became so popular in the 1950's that it sold as many as 5,000 a day.
 4. This soap opera had generally favorable reviews when it debuted in 1963.
 5. If you pulled the string on this doll, she would chat your ear off.
6. In 1951, J.D. Salinger wrote this controversial novel about a boy expelled from prep school.
 7. This popular entertainer traded in his suede shoes for Army boots in 1958.
8. In 1961, this award-winning musical film adaptation of Romeo and Juliet hit the large screen.
9. In this 1962 song, Elvis gave a letter to the postman, who put it in his sack. Bright and early next morning, he brought that letter back.
 10. This blonde-haired actress married Prince Ranier of Monaco in 1956.
11. This actor, along with his horse Champion, played a singing cowboy on t.v. from 1950-1956.
12. Barely over the age to have a cocktail, this Hollywood starlet retired from acting in 1950 at the age of 22.
13. While on tour in the Midwest, this singer, along with Ritchie Valens & the Big Bopper, tragically lost his life in a plane crash- which became known as the day the music died.
14. This Wisconsin Senator was censured in 1954 after seeking out Communists in the entertainment industry and the US government.
15. In 1969, Apollo 11 successfully landed on the moon. As astronaut Neil Armstrong stepped onto the moon's surface, he declared this famous quote.

Key Facility Contacts:

Administrator..... Kim Pederson
Dir. of Admin. Services..... Dani Van Beek
Dir. of Compensation..... Lori Jumper
Dir. of Culinary Services..... Paula Kaniewski
Dir. of Environ Services..... Connie Riley
Dir. of Finance..... Marti Bullock
Dir. of Health Information..... Pam Carpentier
Dir. of Maintenance..... Kurt Becker
Dir. of Nursing..... Alicia Leavitt
Dir. of Rehabilitation..... Tom Kylo
Dir. of Social Services..... Chris Neely
Dir. of Spiritual Care..... Sherree Lane
Dir. of Staff Development..... Sue Sellner
Dir. of Therapeutic Recreation..... Linnea Maki
Infection Preventionist..... Sam Graf

In the event of a community emergency or natural disaster, please use our emergency number for recorded information and updates: 763-210-7018

50's & 60's Jeopardy Answer Key-

1. Ray Charles
2. Mary Poppins
3. Coonskin Cap
4. General Hospital
5. Chatty Cathy
6. Catcher in the Rye
7. Elvis Presley
8. West Side Story
9. Return to Sender
10. Grace Kelly
11. Gene Autry
12. Shirley Temple
13. Buddy Holly
14. Joseph McCarthy
15. "That's one small step for [a] man, one giant leap for mankind."